

products may contain preservatives nuts/dairy or seeds

sandwiches	
sliced bread white/wholemeal/multigrain	\$0.30
bread roll white if replacing sliced bread e	\$0.40
extra filling e.g. cheese plus tomato extra	\$0.30
bread roll white only with/without margarin	\$1.00
spreads - jam, vegemite, honey	\$2.00
cheese	\$2.30
tomato	\$2.30
egg/curried egg contains mayonnaise	\$2.30
salad	\$2.50
ham	\$2.50
tuna mayonnaise	\$2.50
chicken & mayonnaise	\$2.50
cheese & tomato	\$2.60
cheese & ham	\$2.70
cheese salad	\$2.90
ham salad	\$2.90
tuna or chicken mayonnaise salad	\$2.90
ham cheese & tomato	\$3.00
salad includes lettuce/cucumber/carrot/tomato	

hot food	
tomato sauce-sachets	\$0.20
chicken strips	.80ea
mini sausage roll or meat pie	\$1.00
pizza rounda	\$2.20
lasagne-beef/vegetarian	\$4.00
pasta twist	\$4.00

fruit-fresh & preserved	
apple/orange/banana when available	\$0.70
fruit tubs-140gm no preservatives	\$1.50
added sugar/artificial colouring or flavour	

healthy options	
fruit box with vanilla dipping yoghurt	\$2.50
savoury snack box with salsa dipping sauce	\$2.80
dried fruit snack bag	\$0.60

dairy	
go-gurt tube-strawberry/fruit salad	\$0.80
yoplait-low fat-flavours vary	\$1.70
yogo-chocolate only	\$1.70

milk	
sipahh straw chocolate/caramel/strawberry	\$0.60
only sold with plain milk, less sugar than flavoured	
small plain milk-300ml	\$1.00
small flavoured milk-300ml	\$1.40
chocolate/strawberry/banana	
large plain milk-600ml	\$1.40
large flavoured milk-600ml	\$2.40
chocolate/strawberry/banana	

chips	
red rock chips-less fat no artificial flavour	\$1.00
colour-original/honey soy chicken	
doritos-cheese	\$1.00

treats	
eucalyptus drops	\$0.40
sun fruit jubes-natural fruit flavours	\$0.70
anacondas-glucose snake	\$1.00

cakes	
muffins-apple raspberry/apple cinnamon	\$1.60
boston iced donut-chocolate/strawberry	\$1.60
apple pie	\$1.60
custard tart	\$1.60
chocolate chip cookie	\$1.00

juice/water	
spring water-400ml	\$1.70
just squeezed juice-300ml	
crushed lemonade/apple blackcurrant	\$1.50
mango blend/apple/orange/tropical.	